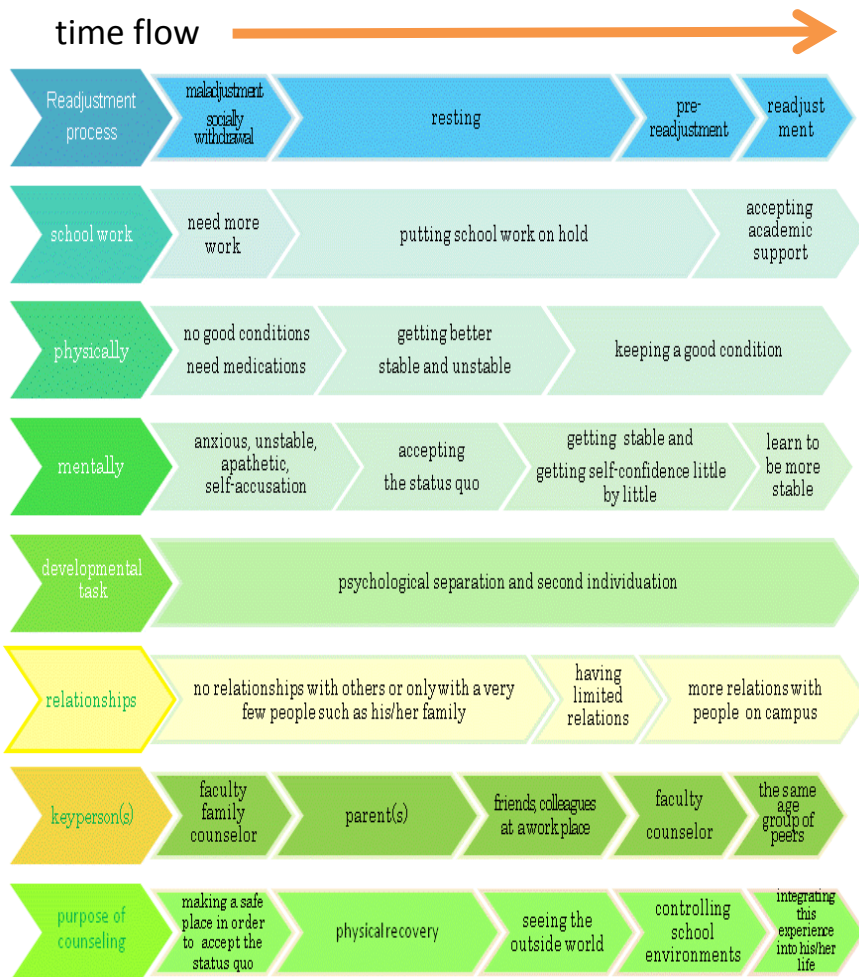


Adjustment Process of Socially Withdrawn Students

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Hypothesis of Adjustment Process of College Maladjustment Students

time flow →



There are not a few students who withdraw from college. It is not because they are severely mentally ill, but because they have some psychological reservations that they are not overcoming, such as anxiety about writing a thesis, pursuing a job, or making close relationships with other students. Sometimes they are diagnosed as social anxiety disorder or adjustment disorders. Though some students need medications, many of them need psychological treatments along with those medications. The Student Counseling Services on campus are willing to support them. We are also happy to talk with the faculty about them to support.

A hypothesis of an adjustment process is shown on the figure. There are certain phases and steps that a socially withdrawn student needs to go through. First they need to face the reality that they are not functional at that time. However, it is very difficult to accept their dysfunctional states for them. We all need to understand that they need help. We are ready to meet them and are very happy to support them.

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